Bicycling Resource Guide (West LA)City of LA – Bicycle Advisory Committee (LABAC)

(http://labikecommittee.org)

(www.facebook.com/LosAngelesBicycleAdvisoryCommittee)

LABAC Youtube Channel - https://www.youtube.com/channel/UC1TcSpr0y6BHDXJqAS9iaSQ

Hosted Rides

One Day Events and Rides in and around LA

<u>www.ciclavia.org/</u> - closes streets to car traffic for cyclists and pedestrian use. Occurs between 4-6 times a year. Sites vary across City of LA. Current schedule can be found here: https://www.ciclavia.org/events

Epic one day events worth traveling to ride

<u>www.bikethewest.com/</u> sponsors America's Most Beautiful Bike Ride and Tour de Tahoe.

https://granfondoguide.com/

Weekly/monthly rides of special interest

<u>www.facebook.com/VeniceElectricLightParade</u> - We are Venice cyclists promoting Bicycle Safety at Night. Join us every Sunday at 6:35pm Venice Beach for the Event. Wheel Lights aren't required to ride.

https://www.instagram.com/lacriticalmass (America's Largest Community Bicycle Ride) is the last Friday of the month. Gathers at 6:30pm, Rolls out at 7:29pm.

Advocacy/Education

<u>http://bicycleacademy.blogspot.com/</u> - to improve conditions for bicyclists and pedestrians at UCLA.

<u>https://bikinginla.com/</u> - It's about the latest bike news. It's about advocacy, and making our streets safe for people on bicycles. It's about honoring fallen cyclists, and doing what we can to ensure it never happens again. And looking past the usual victim blaming to see events from a bike rider's perspective.

<u>https://bikeleague.org/</u> - THE LEAGUE represents bicyclists in the movement to create safer roads, stronger communities, and a Bicycle Friendly America. Through education, advocacy and promotion, we work to celebrate and preserve the freedom cycling brings to our members everywhere.

https://biketalk.org/ - A radio show dedicated to the idea that people should be able to ride bikes safely, and roads aren't just for cars.

https://www.bikethevote.com/ - Through engagement and its endorsement process, Bike The Vote L.A. works to advance progressive transportation policies in our future leaders.
https://www.calbike.org/ - CalBike advocates for equitable, inclusive, and prosperous communities where bicycling helps to enable all Californians to lead healthy and joyful lives.
California Highway Patrol (CHP) E-bike Safety and Training program

<u>https://corbamtb.com/</u> is an all-volunteer non-profit organization serving the mountain bicycling community of Los Angeles

<u>https://cyclingsavvy.org/</u> - To help our communities become more livable and sustainable by promoting a civil and cooperative environment on our roads through complementary education and infrastructure design.

Advocacy/Education (continued)

https://cyclingwithoutage.org/ - Cycling Without Age is based on generosity and kindness. It starts with the obvious generous act of taking one or two elderly or less-abled people out on a bike ride.

https://www.finishtheride.org/ - Finish the Ride was started in the spirit of courage and determination to overcome tragedy despite insurmountable odds. It is a movement, which has been heard around the world, to stop the epidemic of hit and run crimes and make the streets safer for all road users.

https://labikecommittee.org/ - The purpose of the BAC is to act in an advisory capacity to the Mayor, City Council Members, and the various agencies of the government of the City of Los Angeles in the encouragement and facilitation of the use of the bicycle as regular means of transportation and recreation.

https://www.la-bike.org/ Bike LA is committed to making our entire LA community safer for all roads users. We believe that cycling is not only a great form of recreation, but is a great form of transportation that not only has the ability to help improve ones physical and mental health, but also bring together our communities in brand new ways.

<u>http://bikeculvercity.org/</u> - Bike Culver City is your home for all-things bicycle throughout Culver City. Join the chapter to get involved in advocacy efforts, learn more about local rides, and get more information!

<u>http://www.smspoke.org/</u> - dedicated to improving walking, biking and healthy active transportation in the City of Santa Monica. We are a community-based nonprofit working to make Santa Monica more sustainable, and a better place to live, walk, bike, work and play.

<u>https://bikeucla.wordpress.com/</u> is a collective of students, faculty, and staff working to make the UCLA campus and the surrounding area a better place to ride.

<u>https://la.streetsblog.org/</u> - Streetsblog connects people to information about how to reduce dependence on cars and improve conditions for walking, biking, and transit.

https://www.losangeleswalks.org/ - Los Angeles Walks is a pedestrian advocacy organization that envisions Los Angeles as a vibrant city in which people can and do walk regularly for transportation, exercise, or fun.

<u>https://www.pedalheads.com/bike</u> - Pedalheads is a learn-to-ride bike camp known for taking kids from training wheels to two wheels to road riding.

<u>https://www.peopleforbikes.org/</u> - To get more people riding bikes more often. To make bike riding better for everyone.

<u>https://safemoves.org/</u> - a non-profit organization, is considered one of the leading authorities in the country on traffic safety education for children and teens. They are dedicated to reducing traffic-related deaths and injuries to school-aged children.

https://scag.ca.gov/go-human - Go Human is a community engagement program with the goals of reducing traffic collisions in Southern California and encouraging people to walk and bike more. https://streetsforall.org/ - We believe in equitable use of our streets in all parts of the city, regardless of the user's age, race, income, gender, or zip code and that all citizens benefit from complete streets, including motorists (a complete street offers safety, comfort, and convenience for all users regardless of age, ability, or means of transportation).

<u>https://www.peopleforbikes.org/</u> - To get more people riding bikes more often. To make bike riding better for everyone.

<u>www.peopleformobilityjustice.org</u> - As a Black Indigenous People of Color (BIPOC) collective, we seed critical consciousness about mobility justice across all communities.

http://walkmorebikemore.org/ Walk 'n Rollers was founded to encourage children to walk and bike to school more frequently.

https://worlddayofremembrance.org/ - The World Day of Remembrance for Road Traffic Victims (WDR) is commemorated on the third Sunday of November each year.

DIY Bike Repair

https://bikerowave.org/ - West LA/Mar Vista 90066

https://bicyclekitchen.org/ - East Hollywood, 90029

https://bike-oven.com/ - Serving northeast LA 90065

Used Bike Shops and bike registration service

- @therecyclistbikeshop 13106 West Washington Blvd, Marina del Rey, California 90066
- https://bikeindex.org/ (national bike registry endorsed by LAPD to hopefully recover a stolen bike. Be sure to file a police report too. https://www.lapdonline.org/

Competitive Racing/Cycling Resources

https://usacycling.org/ - amateur bicycle racing association.

http://www.encinovelodrome.org/ - outdoor velodrome in Encino.

https://www.dignityhealthsportspark.com/velo

https://lavelodrome.org/ - indoor wood velodrome in Carson.

https://www.bahatifoundation.org - empowers inner-city youth by providing them with life skills programs that promote positive values, healthy habits, access to ed-tech, and cycling – resulting in real-life power, on and off the bike.

Family Friendly/New Rider Opportunities

<u>https://www.inglewoodpumptrack.org/</u> - the very first pumptrack in Los Angeles. We built this because we know what it feels like to have your local spots chained up, torn down or to be kicked out for doing what you love.

Hand signals 101 - People for Bikes

www.walkbiketoschool.org

My Guide to Biking in LA

http://media.metro.net/riding_metro/bikes/images/Bike_Class_Curriculum_Guide_Bookl

Government agencies related to cycling

et.pdf

https://transportation.org/ American Assoc. of State Highway and Transportation Officials published the 5th Ed – Guide for the Development of Bicycle Facilities

https://bikeshare.metro.net/

https://labikecommittee.org/

https://ladotlivablestreets.org/

https://media.metro.net/riding metro/bikes/images/bike map la.pdf

https://nacto.org/ National Assoc of City Transportation Officials

https://www.chp.ca.gov/Programs-Services/Services-Information/Bike-and-Ped-Safety

https://www.metro.net/riding/bikes-on-metro/

https://www.nhtsa.gov/road-safety/bicycle-safety

Federal Highway Admin – Proven Safety Countermeasures

Multi-day Charity Rides

https://www.aidslifecycle.org/

https://www.climateride.org/

https://www.teamintraining.org/

Ride Calendar and Bike/Cycling Clubs good source for regular group rides- levels vary by club and ride)

https://www.instagram.com/the.mixed.race - publishes local weekend ride suggestions on Fridays Beach Cities Cycling Club - https://www.bccclub.org/

Big Orange is a racing-oriented club. https://www.bigorangecycling.org/

<u>www.corbamtb.com</u> Free MTB beginner skills classes are held the first Saturday of every month. Learn the basics of mountain bike handling, trail etiquette and build your confidence. https://www.lacriticalmass.org/ - America's largest community bicycle ride.

<u>https://www.differentspokes.com/</u> - Come out and ride with Southern California's most diverse cycling club!

<u>https://www.esrbc.org/</u> - East Side Riders Bike Club is a volunteer organization in Watts with a mission to improve Watts through community service, charity work, and bike programs aimed at keeping local youth out of gang activity.

https://www.instagram.com/rideteamfubar

<u>www.GirlzGoneRiding.com</u> is a dues-free, all female mountain bike club. All levels of riders welcome from beginner to pro. Rides are no-drop and beginners are welcome with open arms.

Grand Masters Cycling for the Best of your life. https://www.grandmasterscycling.org/

<u>LaGrange</u> one of the largest/oldest cycling clubs - https://www.lagrange.org/

https://www.latriclub.com/ - LATC is the core and hub of multi-sport in Los Angeles https://majortaylorcyclingclubla.org/ - a "no drop" club is named in honor of Major Taylor an American cycling legend in the early 1900s.

<u>Major Motion Recreational Cycling</u> - a group of bicyclists who enjoy the pleasure of riding with friends and family. We are not racers, and we welcome people of all abilities. We offer easy, moderate and difficult rides.

(https://www.facebook.com/groups/131222616915428/)

<u>https://www.instagram.com/the.mixed.race</u> – fast paced group ride on Thursdays at 8pm, meets close to Bikerowave (Venice and Centinela) and ride calendar too!

<u>https://www.rapha.cc/us/en_US/rcc</u> is a global community of passionate, active cyclists with exclusive access to our most sought-after products, experiences and offers

https://ridewitus.com/ RWU hosts group rides every Tuesday & Thursday @ 6:15pm, and most Saturdays of the month. Weekly schedules are posted on the website and IG every Monday. goal is to explore Los Angeles TOGETHER. Meeting locations will vary from week to week but will remain primarily in the Los Angeles area.

@westlabicycle - We meet Thursday Nights at 7:00PM at the Venice Pier. Different routes and rides every week!

https://www.facebook.com/groups/wlacyclingclub/ - We ride starting at Dock 52 13552 Fiji Way, Marina Del Rey, CA 90292 JOIN US! Most of our rides start around 10-10:30 am on either Saturday or Sunday mornings.

<u>Women on Bikes Culver City</u> (https://www.facebook.com/groups/118089858878868) •Support each other as women who choose to use bicycles for transportation not only for recreation. • Be a model of encouragement for other women who want to use their bicycles for transportation but don't know how to get started...

Bike Shops in West LA/Culver City/Santa Monica (partial listing...)

Bike Attack - https://bikeattack.com/ (Santa Monica/Playa Vista)

Bike Attack Electric - https://electricbikeattack.com/ (Santa Monica)

https://thebikecenter.com/ - Culver City and Santa Monica

Bike Improve - https://bike-improve.com/ (Westwood/WLA)

Bike Shop Santa Monica - https://bikeshopsantamonica.com/

Bikes and Books - https://bikesandbooks.com/ (Culver City)

https://www.instagram.com/thebicyclewhisperer

www.sundayscycles.com - 2411 Main St, Santa Monica, CA 90405

Helen's Cycles - https://www.helenscycles.com/ (Santa Monica)

https://sunnycyclesla.com (Mar Vista)

https://luftlosangeles.com (Venice)

Manny's Bikes - 1613 Lincoln Blvd, Venice, CA 90291

Recyclist - https://therecyclistbicycleshop.com/ (Culver City/Mar Vista)

REI - https://www.rei.com/stores/marina-del-rey

Sole Bicycles - https://www.solebicycles.com/ (Venice)

Specialized Santa Monica - https://specializedsantamonica.com/

Summit Ski and Cycle - https://www.summitskiandcycle.com/ (Westchester)

The Bike Center (Santa Monica and Culver City) https://thebikecenter.com

Veloworx Bikes - http://www.veloworx.com/ (Venice)

Wheel World - https://www.wheelworld.com/ (Culver City/Mar Vista)

Zone 3 - www.zone3multisport.com/ - (Santa Monica) multi-sport triathlon focused shop.

Where to ride bike guides, maps and apps

- https://media.metro.net/dcr/bikemap/metro_bikemap.html
- https://www.latimes.com/travel/story/2022-09-27/biking-cycling-los-angeles
- https://laist.com/8-amazing-los-angeles-bike-rides
- https://www.la-bike.org/self-guided-rides LACBC's incredible collection of self-guided tours>
- <u>www.discoverlosangeles.com/things-to-do/7-of-the-best-mountain-bike-trails-in-los-angeles</u>
- www.discoverlosangeles.com/things-to-do/los-angeles-beaches-by-bike-part-one-will-rogers-beach-to-marina-del-rey
- <u>www.discoverlosangeles.com/things-to-do/los-angeles-beaches-by-bike-part-one-will-rogers-beach-to-marina-del-rey</u>
- <u>www.discoverlosangeles.com/things-to-do/los-angeles-beaches-by-bike-part-two-playa-del-rey-to-torrance-beach</u>
- www.discoverlosangeles.com/things-to-do/the-guide-to-biking-in-griffith-park
- www.discoverlosangeles.com/things-to-do/the-guide-to-biking-in-griffith-park
- www.latimes.com/travel/story/2020-06-25/la-area-bike-trails
- www.liv-cycling.com/global/campaigns/bike-travel-guide-los-angeles-california/23431
- www.strava.com/local/us/la/cycling
- www.timeout.com/los-angeles/things-to-do/best-bike-trails-in-l-a

Cycling Phone Apps

- https://ridewithgps.com
- www.google.com/maps has a "bike" option that will map your route for bikes.
- www.lovetoride.net/
- www.mapmyride.com/app
- www.strava.com/

Memorials and Organizations that honor those who've died cycling/walking in LA

- https://en.wikipedia.org/wiki/Ghost bike
- https://ladotlivablestreets.org/content-detail/Rainbow-Halo-Project
- Southern Calif Families for Safe Streets www.losangeleswalks.org/socal fss

Music, Art, Literature and Culture

- Biking While Black short documentary, www.youtube.com/watch?v=96KDo0PgY60
- Ade Neff and Ride on Bike Shop www.facebook.com/NBAonESPN/videos/2935015886746334/ and https://vimeo.com/147767982

Music, Art, Literature and Culture (continued)

- Ade Neff Ride On (presented by Nissan) https://vimeo.com/677886210
- Great Street Challenge (Ade Neff) https://vimeo.com/180809381
- I Got Stopped on Bike Rides Because I 'Fit' a Description Ade Neff www.Bicycling.com
- All Bodies On BIkes
- <u>Justin Williams</u> gives his perspective on representation and inclusivity in cycling.
- Cycling With a Larger Body Ft. Kailey Kornhauser
- Deaf Cyclist Races Across America Twice
- <u>Bicycle/Race: Transportation, Culture, & Resistance</u> Bicycle/Race paints an unforgettable picture of Los Angeles—and the United States—from the perspective of two wheels. <u>Adonia E. Lugo, PhD.</u> https://www.youtube.com/watch?v=veuOKKCXaCk&t=5s
- https://www.ted.com/talks/monica araya how cities are detoxing transportation
- https://blog.ted.com/5-ted-talks-about-bikes/
- https://www.ted.com/talks/jeff_speck_4_ways_to_make_a_city_more_walkable/transcript
- Why LA is obsessed with these plastic tubes by Jonathan Mizrahi
- How a city in LA is ruining an urban oasis by Jonathan Mizrahi
- https://www.youtube.com/@nimeshinlosangeles/videos features currently 6 different short videos on biking in and around LA... worth spending some time looking at these well-crafted shorts.

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https://lacity.gov/government/subscribe-agendas/boards-commissions-committees to receive LABAC Agendas via the City's Early Notification System.